

Barren River

DISTRICT HEALTH DEPARTMENT

Barren, Butler, Edmonson, Hart, Logan,
Metcalfe, Simpson, and Warren Counties



Dear Parent/Guardian:

A school nurse employed by Barren River District Health Department will be in your child's school from _____ during the 2017-18 year. Please read and fill out the attached "Consent for School Health Service" form and the asthma/ allergy questionnaire. *A student can only be seen by the school nurse if a signed copy of this consent is at school, except for an emergency.*

Over-the-Counter Medication

The school nurse keeps a small supply of over-the-counter medications in the clinic to treat student symptoms such as a headache or cough. Please **check** the boxes next to each medicine on the consent form if you would like your child to be able to get that medicine during the school day. Nurses will give medication based on your child's age and weight under BRDHD's medical director's orders, unless otherwise specified in writing by the parent, guardian, and/or health care provider. The nurse **cannot** take any verbal consent over the phone to give medications.

If you would like to provide an over-the-counter medicine not listed on the consent form, please fill out a consent form and bring that medicine in the original store package with a note to the school nurse's office. The note should have your child's name, how much and how often the medication should be given, the date, and your signature. No over-the-counter medicine can be given to a student for *more than three days in a row, more than 10 days in a month*, or in a higher dose than stated on the box without a signed consent by a health care provider. The school nurse can and will use their nursing discretion as to whether a medication should or should not be administered.

If your child requires dye-free, sugar-free and/ or salt-free medications, you will have to provide, along with the above information.

It is up to each individual nurse as to whether over the counter medications from the BRDHD clinic will be dispensed and if a child needs to go home, based on BRDHD nurse protocols.

Prescription Medication

If your child has a prescription medication that needs to be taken at school, please bring it to school in the original bottle with a pharmacy label *after the first dose has already been given at home*. A second bottle with a pharmacy label will be needed to send medicine on a field trip. A parent or guardian should bring medication to the school, and it should be given directly to the school nurse, so that both the guardian and the nurse sign for it. The school nurse will also need a form signed by the provider who ordered the medicine *before* it can be given at school. The school nurse cannot give any medicine that is expired. At the end of the school year, you will be asked to pick-up extra medicine – the school nurse will throw out any medicine left in the clinic at the end of the school year.

If your child requires medication after school, for sporting events, field trips, bus rides, and/ or any after-school hours functions, it is the parent responsibility to provide the nurse with all information and completed forms so the school nurse can assist the schools in providing after-school care for your child. Please see the nurse asap to get all arrangements completed.

Other Health Issues

Please tell the school and school nurse if your child has any special health care needs. Students with a history of asthma, diabetes, seizures, or a severe allergy should have an Action Plan filled out and signed by their health care provider and the parent. Also, if your child has an emergency medication (inhaler, glucagon, Diastat, or EpiPen), please make sure that there is an extra at the school so that your child can use it during the school day. Due to changes in CDC (Centers for Disease Control and Prevention) recommendations, Benadryl is no longer first line treatment for allergic reactions. If you would like for your child to receive Benadryl first for an allergic reaction, please see the school nurse for a prescription form to be signed by both you and your child's doctor.

Foster Parents

Foster parents cannot sign the "Consent for School Health Service". Your child's Social Services Worker will know who can sign a medical consent form.

Thank you very much. Please contact your child's school and ask to speak to the school nurse if you have any questions.